

Somang Care Class is a social program that participants with early-stage dementia receive linguistically accessible and culturally competent one-on-one care plus opportunities to participate in group activities, such as music and art, to help gain confidence and improve emotional stability while their caregivers are able to receive education on dementia caregiving, supportive services as well as respite.



Caregiver Testimonials

Lee Pan, Anaheim Care class participant's daughter, multi-ethnic AAPI family
[Click here to watch the clip!](#)

Los Angeles Care Class

Date & Time: Every Thursdays, 10am-2pm
Location: Berendo Street Baptist Church
(975 S. Berendo St., Los Angeles, CA 90006 #109)

Orange Care Class

Date & Time: Every Wednesdays, 10am-2pm
Location: Anaheim Korean Presbyterian Church
(1408 S Euclid St, Anaheim, CA 92802)

OUR PARTNERS



KIMCHI project aims to help Korean American seniors learn more about healthy cognitive aging, dementia caregiving, and how to better care for themselves and their loved ones. KIMCHI is funded by the Patient-Centered Outcomes Research Institute (PCORI) Eugene Washington PCORI Engagement Award EACB 24814.

KIMCHI has been actively disseminating information on healthy cognitive aging and dementia caregiving to improve knowledge, attitudes, and behaviors related to Alzheimer's disease and related dementias prevention and care. During our project year 1 (06/2022-05/2023):

- ✎ KIMCHI team completed 11 in-person seminars . Most participants were females (76%), 36.5% of participants reported knowing or caring for someone with dementia. Among these individuals, 64.2% had informal or family caregiving experience.
- ✎ KIMCHI social media outreach on platforms such as Facebook, Twitter, and YouTube have been successful with over 4,000 views and engaged Korean American/AAPI stakeholders.
- ✎ KIMCHI team distributed 12,588 copies of bilingual English and Korean languages fact sheets through various channels, including paper (hard copy) newsletters, e-newsletters, and in-person community events. English & Korean fact sheets are available for Korean American caregivers and families to learn more about [Healthy Cognitive Aging](#) and [Caregiving for Loved Ones](#)

Visit the [KIMCHI project website](#) to learn more.
Support KIMCHI on [Facebook](#), [Twitter](#), and [Youtube](#)!

KIMCHI PARTNERS



SPONSOR ACKNOWLEDGEMENT



Asian Women Leadership in Philanthropy Fund

