Somang Care Class is a social program that participants with early-stage dementia receive linguistically accessible and culturally competent one-on-one care plus opportunities to participate in group activities, such as music and art, to help gain confidence and improve emotional stability while their caregivers are able to receive education on dementia caregiving, supportive services as well as respite.

Caregiver Testimonials
Lee Pan, Anaheim Care class participant’s daughter, multi-ethnic AAPI family
Click here to watch the clip!

Los Angeles Care Class
Date & Time: Every Thursdays, 10am-2pm
Location: Berendo Street Baptist Church
(975 S. Berendo St., Los Angeles, CA 90006 #109)

Orange Care Class
Date & Time: Every Wednesdays, 10am-2pm
Location: Anaheim Korean Presbyterian Church
(1418 S Euclid St, Anaheim, CA 92802)

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KIMCHI has been actively disseminating information on healthy cognitive aging and dementia caregiving to improve knowledge, attitudes, and behaviors related to Alzheimer’s disease and related dementias prevention and care. During our project year 1 (06/2022-05/2023):

- KIMCHI team completed 11 in-person seminars. Most participants were females (76%), 36.5% of participants reported knowing or caring for someone with dementia. Among these individuals, 64.2% had informal or family caregiving experience.
- KIMCHI social media outreach on platforms such as Facebook, Twitter, and YouTube have been successful with over 4,000 views and engaged Korean American/AAPI stakeholders.
- KIMCHI team distributed 12,588 copies of bilingual English and Korean languages fact sheets through various channels, including paper (hard copy) newsletters, e-newsletters, and in-person community events. English & Korean fact sheets are available for Korean American caregivers and families to learn more about Healthy Cognitive Aging and Caregiving for Loved Ones. Visit the KIMCHI project website to learn more.
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